MEDICAL STUDENTS EXCHANGE PROGRAM

at Khon Kaen University (1rd April – 26th April 2024)

Haruki Oku



Why I chose this program

I would like to see medical care overseas, I like to travel around Southeast Asia and had many opportunities to learn about Southeast Asian culture, but I never had a chance to learn about Southeast Asian medicine.

I want to learn how medical care is provided in my favorite area, Southeast Asia.

What I did In ER

First, it was difficult to understand the situation of the patients in the ER, so I wrote down what the residents said. When I did not understand medical English, I asked them to write down diagrams and medical English spellings. Then, after the training was over, I wrote those notes again and memorized them.

The resident doctors and nurses were very attentive to me until the end of the program, and I was able to deepen my understanding of the entire patient population. I am grateful to the resident doctors and nurses for their detailed and frantic explanations about the patients.

In the ER at Khon Kaen University, I was able to see cases of heat stroke and bicycle trauma.

This is something I rarely see at my university. It was a good experience to see the treatment of trauma and heat stroke at Khon Kaen University.

In the treatment of heat stroke, it was interesting to see how they used mist sprays and hair dryers to regulate the patient's body temperature, as shown in the photo on the right. It was also interesting to see how the medical equipment, such as the tools used for drainage of pneumothorax, differed slightly from that in Japan.





ER lecture about ECG, Echo, Conference

In the lectures, senior doctors and residents taught us how to use echo and how to read ECGs.

Echo is one of the important techniques in actual medical practice.

However, medical students in Japan do not have many opportunities to use echo.

In the ER at Khon Kaen University, I was able to learn a lot about how to use echo and had opportunities to use echo.

I was not good at looking at EKGs, but the doctors taught me well and I had the opportunity to look at EKGs for many basic cardiac diseases.

At the conference, they explained interesting cases that I had never seen before as well as patients I had seen in the ER, so I actively asked questions about things I was curious about.



Memory in Khon Kaen <u>& Songkran</u>

April is Songkran season and I was very happy to experience Songkran. I especially enjoyed the ER nurses' family parties.

They put loudspeaker on the back of the car and I rode in the back of the car with the nurses' families and we drove through the city playing music and splashing water on the people in the city, which was a lot of fun.

I also enjoyed Thai culture by going to night markets and temples with interns and students from the Japanese language department at Khon Kaen University.



